



Woodside



Benefits of Volunteering

For the volunteer:

- Sense of well-being
- Job satisfaction
- Pride in the company
- Awareness of wider social issues

For the organisation:

- Increase capacity
- Gain expertise
- Improve level of staff skills

CYBER SECURITY WORKSHOPS FOR VWA MEMBERS

Volunteering WA (VWA) makes a difference by connecting thousands of volunteers to many community organisations. They aim to build strong communities through volunteering and provide a range of resources, services and support so that people in Western Australia are aware of, and understand, the nature and scope of volunteer activity.

With regular communication with its more than 700 member organisations, VWA is in a unique position to identify the needs of multiple community groups. Many of these organisations work with individuals who are particularly prone to cyber security threats and VWA reached out to Woodside's Digital team to help.

Rachel Brennen, Manager Cyber Capabilities and Threat Intelligence, had over 10 years' experience in security and risk management. She was keen to follow the example set by her manager, who ran similar workshops for VWA members earlier this year, and do something good for the community.

Using previous experience in delivering workshops along with questions from community organisations as a guide, Rachel and her team developed a tailored presentation for the workshop attendees. A take-home cyber security 'cheat sheet' was provided so that the organisations could readily share this information with their 'at-risk' members and clientele.

The feedback from the workshop was overwhelmingly positive, highlighting Rachel's engaging presentation style as well as her depth of knowledge on the subject. Attendees unanimously agreed that the session had met their expectation and improved their knowledge and skills.

Likewise, Rachel enjoyed the experience, particularly the level of engagement of the audience. Since volunteering, Rachel reported that she feels an increased sense of pride in her company, understanding and empathy with other people and sense of well-being. She stated she is keen to do skills-based volunteering again and is 'extremely likely' to recommend that her colleagues do the same.

Thank you, Rachel, for sharing your expertise!